

## **Career Resources**

### **Career Interest Resources**

- Career Voyages  
(<http://www.careervoyages.gov>)
- JobShop, Inc.  
(<http://www.jobshopinc.com>)
- Career Cruising  
(<http://www.careercruising.com>)

### **Career Search Websites**

- California Occupational Guides  
(<http://www.labormarketinfo.edd.ca.gov/cgi/career/?PAGEID=3&SUBID=139>)
- O\*NET OnLine  
(<http://online.onetcenter.org>)
- San Diego Workforce Partnerships  
(<http://www.SanDiegoAtWork.com>)
- America's Career InfoNet  
(<http://www.acinet.org/acinet>)
- Occupational Outlook Handbook  
(<http://www.bls.gov/oco/home.htm>)
- Worksmart  
(<http://www.worksmart.ca.gov>)
- Job Accommodations Network Employment Links  
(<http://www.jan.wvu.edu/links/employ.htm>)

## **Community Resources**

### **Agencies**

- Local Social Security Office Voice 1-800-722-1213 TTY 1-800-325-0778
- (7:00am – 7:00pm M-F)
- Department of Rehabilitation Website
- Deaf Community Services Voice 1-619-398-2441 TTY 1-619-398-2440
- Employment Development Department Voice 1-619-266-4270
- TTY 1-619-266-4272
- San Diego Regional Center (SDRC) Voice 1-858-576-2996

### **Local Educational and Training Programs**

- San Diego County Regional ROP

- San Diego Workforce Partnership
- Community Colleges
- Continuing Education
- VESL (Vocational English as a Second Language)
- TRACE (Transition Resources for Adult Community Education)
- 1-858-693-5500

San Diego Unified School District offers two TRACE programs, which provide support for special education students ages 18-22 who do not earn a high school diploma. Many special education students who receive a Letter of Recognition or Certificate have been attending school since they were infants. Some of these students feel they need a break. Students or parents can contact the TRACE office any time before the student's 22nd birthday to enroll. **This program is limited to students who live within the San Diego Unified School District boundaries.** Students continue to be eligible for special education services that relate to transition. For example, D/HH students may receive interpreting, notetaking, audiology and D/HH itinerant services in conjunction with the TRACE program if the IEP team feels it is beneficial. All students in the TRACE program must have an IEP.

#### **TRACE Transition Services 1-619-497-0218**

Provides support to students who require daily, on-going assistance while implementing their transition activities (mobility support, community support, job-coaching, etc.). Under the direction of the TRACE teacher, students are supported in the community in small groups or independently to conduct their transition activities. District staff directly support the students.

#### **TRACE Transition Case Management (TCM) 1-619-297-3789**

Provides support to students who are able to move and communicate independently while implementing their transition activities in the community. Students conduct their activities independently with the level of support that is needed in their own neighborhood and the community at large.

### **Therapeutic Recreation Services for People with Disabilities in the San Diego County Area**

Therapeutic Recreation Services for people with disabilities in the San Diego County area:

<http://www.sandiego.gov/park-and-recreation/activities/dsa.shtml>

Therapeutic Recreation Services is a program of the City of San Diego Parks & Recreation Department that serves over 50,000 participants each year. The goal of the

program is to provide year-round recreational experiences for individuals ages 3 - adult with the following types of disabilities:

- Physical disabilities
- Developmental disabilities
- Learning disabilities
- Visual impairments
- Hearing impairments
- Brain injuries
- Mental illness
- Behavioral disorders
- Epilepsy
- Drug and alcohol dependencies
- Other health related impairments

Office Hours: Mon - Fri 8am - 5pm

Phone #: (619) 525-8247

FAX #: (619) 299-9304

TDD #: (619) 525-8249

E-Mail: [prdsp@sandiego.gov](mailto:prdsp@sandiego.gov)

### **Programs and Event Fees**

Costs vary for each event and are kept to a minimum, thanks to the generosity of the Disabled Services Advisory Council and community businesses who support the program. Financial assistance for certain activities is available to those who qualify.